

Recommendations for Breast Pumps

Occasional pumping may be necessary for:

- missed feeding
- mild engorgement
- working part-time
- storing milk for random times away from baby
- drawing out short nipples.

Breast pumps suggestions

- Manual (Medela Harmony; Lansinoh Manual)
- Single Electric (Medela Swing)
- Double Electric (Medela Pump in Style; Lansinoh Double Electric; Ameda Purely Yours)
- Hospital Grade Rental

Daily pumping may be necessary for:

- missed feedings
- working full- or part-time
- away from baby for extended periods of time
- low milk supply (hospital rental preferred)
- drawing out short nipples
- engorgement; latch on problems.

Recommended breast pumps

- Double Electric (Hospital Grade Rental)
- Medela Pump in Style
- Ameda Purely Yours

Other

- Multiple births
- Premature births
- Hospitalized baby or mom

Recommended Breast Pumps

- Hospital Grade Rental (preferred for first two to three weeks of life)
- Medela Pump in Style