



210 Ninth Street SE  
 Rochester, MN 55904  
 tel: 507.288.3443

# Occupational and Health History

*This information is needed in accordance with OSHA standards.*

## Occupational and Health History Surveillance or Periodic Exam

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Pt ID: \_\_\_\_\_

Employer: \_\_\_\_\_ Date: \_\_\_\_\_

### Current Occupational History

Describe current job responsibilities as well as chemical and environmental exposures (include actual and potential exposures):

---



---

Describe any personal protective equipment you use, or could potentially use, on your job including respirators (types), gloves, goggles, eyewear, hearing protection, etc.:

---



---



---

### Past Exposure

Have you ever used or been exposed to (please check):

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> arsenic              | <input type="checkbox"/> ethylene chloride            | <input type="checkbox"/> phosgene              |
| <input type="checkbox"/> asbestos             | <input type="checkbox"/> fluorides                    | <input type="checkbox"/> PVC's                 |
| <input type="checkbox"/> benzene              | <input type="checkbox"/> formaldehyde                 | <input type="checkbox"/> radioactive materials |
| <input type="checkbox"/> beryllium            | <input type="checkbox"/> loud noises                  | <input type="checkbox"/> solvents/degreasers   |
| <input type="checkbox"/> cadmium              | <input type="checkbox"/> mercury or other heavy metal | <input type="checkbox"/> sprays/paints         |
| <input type="checkbox"/> carbon tetrachloride | <input type="checkbox"/> pesticides                   | <input type="checkbox"/> trichlorethylene      |
| <input type="checkbox"/> chromates            | <input type="checkbox"/> phenols                      | <input type="checkbox"/> welding/soldering     |
| <input type="checkbox"/> others (list): _____ |   |  |

Please explain source, amount, and time frame related to above exposures:

---



---



---



---

Have you ever received medical surveillance (periodic check-ups or tests) as part of a previous job?

Yes  No Explain: \_\_\_\_\_

Please indicate which of the following types of personal protective equipment you have used on previous jobs:

- |   |   |
|---|---|
| <input type="checkbox"/> Respirators        | <input type="checkbox"/> Protective Clothing    |
| <input type="checkbox"/> Hearing Protection | <input type="checkbox"/> Safety glasses/goggles |
| <input type="checkbox"/> Gloves             | <input type="checkbox"/> Other (list): _____    |

## Surveillance/Periodic Health History

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Pt ID: \_\_\_\_\_

Have you had or do you now have unexplained or persistent:	Yes	No
General weight loss or decreased appetite		
Skin rash or irritation		
Difficulty remembering, concentrating, or sleeping / Confusion		
Dizziness, lightheadedness, weakness, or fatigue		
Headaches		
Nervousness, irritability, anxiety, or depression		
Trembling, numbness, tingling, or weakness in hands, feet, or other parts of the body		
Metallic taste in your mouth		
Abdominal pain, indigestion, heartburn		
Nausea, vomiting, diarrhea, or constipation		
Bloody or tarry-black stools		
Jaundice (Yellowing of your skin) or dark colored urine		
Fever or chills		
Swollen or tender lymph nodes		
Lump or thickening anywhere on your body		
Bruising or discoloration of skin		
Abnormal blood loss or bleeding from nose, mouth, gums		
Irritation, redness, burning, or itching of eyes / visual problems		
Urinary burning, urgency, frequency or retention		
Coughing, wheezing, or shortness of breath		
Chest pain, irregular or fast heart beat, or swelling of feet or ankles		
Muscle, joint, or back pain		
Fertility problems or child born with birth defect		
Leukemia / Cancer		
Liver disease		
Neurological disorder / Seizures		
Hyper or hypo thyroidism		
Diabetes or High Blood Sugar		
Asthma, bronchitis, or emphysema		
Kidney or bladder disease		
Hypertension (high blood pressure) or heart disease		
MALES: Prostate gland problems		
FEMALES: Menstrual difficulties or irregularities		

List medications you are currently taking: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Social History

Have you ever used tobacco?  Yes  No If yes, currently use?  Yes (amount per day and # of years: \_\_\_\_\_)  
 No (quit date: \_\_\_\_\_)

Do you eat at the work-site?  Yes  No

Are separate eating facilities provided at the worksite?  Yes  No

Employee/Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewer's Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Clinician Signature: \_\_\_\_\_ Date: \_\_\_\_\_